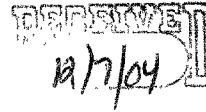




November 23, 2004



Office of Nutritional Products Labeling and Dietary Supplements
Division of Compliance and Enforcement
Dietary Supplements Branch (HFS-810)
Food and Drug Administration
200 "C" St. S.W.
Washington, D.C. 20204

To Whom It May Concern:

Nature's Way Products, Inc. wishes to notify the Food and Drug Administration that it has, within the past 30 days, commenced marketing a dietary supplement which bears a statement under Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act.

The dietary supplement for which the statement is made is Original Silica Gel. The dietary ingredient that is the subject of the statement is Silica. The statement reads as follows:

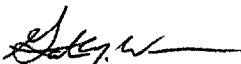
"Dietary supplement to support healthy nails, hair, skin and connective tissue.
Silicon gives strength and support to nails, hair, skin, connective tissue, tendons
and ligaments."

This statement is accompanied by the required disclaimer which is prominently displayed in bold-faced type.

The information contained in this notice is complete and accurate and the above statement is based on data which renders these statements substantiated, truthful and non-misleading.

Sincerely,

NATURE'S WAY PRODUCTS, INC.


Gordon M. Walker
General Counsel

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Regulatory/NW - FDA Notices/Silica Gel

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